Outdoor Pursuits

Adventure is not in the guidebook... Beauty is not on the map...

Winter 2015
Program Guide

Outdoor Pursuits
Student Life Center
1000 Rim Drive
Durango, Co 81301
http://www.fortlewis.edu/outdoor-pursuits

Adventure Trips  Climbing Wall  Equipment Rentals  Weekly Activities
<table>
<thead>
<tr>
<th>Trip</th>
<th>Difficulty/Experience Needed</th>
<th>Trip Date</th>
<th>Cost</th>
<th>Sign-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avalanche Awareness Clinic</td>
<td>🚄  ⬤</td>
<td>Fri., Jan. 16th - Sat., Jan 17th</td>
<td>$30</td>
<td>1/12/15</td>
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<tr>
<td>Telemark/snowboard Clinic</td>
<td>🚄  ⬤</td>
<td>Sun., Jan 18th</td>
<td>$40</td>
<td>1/12/15</td>
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<tr>
<td>Molas Pass XC Ski Tour</td>
<td>🚄  ⬤</td>
<td>Sun. Jan. 25th</td>
<td>$15</td>
<td>1/19/15</td>
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<tr>
<td>Full Moon Snowshoe I</td>
<td>🚄  ⬤</td>
<td>Weds., Feb. 4th</td>
<td>$15</td>
<td>2/2/15</td>
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<tr>
<td>Avalanche 1 Course Hut-Based</td>
<td>🚄  ⬤</td>
<td>Thur., Feb. 5th (PM)</td>
<td>$275</td>
<td>1/26/15</td>
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<tr>
<td>Snowshoe &amp; Chocolate Hike</td>
<td>🚄  ⬤</td>
<td>Sat., Feb. 14th</td>
<td>$15</td>
<td>2/9/15</td>
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<tr>
<td>Intro to Ice Climbing</td>
<td>🚄  ⬤</td>
<td>Sun., Feb 15th</td>
<td>$20</td>
<td>2/9/15</td>
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<td>Prom Night @ The Wall Bouldering Competition</td>
<td>N/A</td>
<td>Fri., Feb. 20th (7-10PM)</td>
<td>FREE</td>
<td>N/A</td>
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<tr>
<td>Intro to Backcountry Skiing/Riding</td>
<td>⚡  ⬤</td>
<td>Sat., Feb. 21st</td>
<td>$20</td>
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<tr>
<td>Wolf Creek Ski Day</td>
<td>🚄  ⬤</td>
<td>Sun., Feb. 22nd</td>
<td>$10+ $41</td>
<td>2/16/15</td>
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<tr>
<td>San Juan Hut Trip Skiing/Riding</td>
<td>⚡  ⬤</td>
<td>Fri., Feb. 27th - Sun., Mar. 1st</td>
<td>$90</td>
<td>2/23/15</td>
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</tbody>
</table>

*Price with/without food

Outdoor Pursuits Trip Rating Key:
- Physical Difficulty:
  - 🚄 = Low
  - 🚄 = Moderate
  - ⚡ = Strenuous

- Experience Needed:
  - 🔴 = No experience necessary
  - 🔵 = Some prior experience necessary
  - 💧 = Extensive experience necessary

(Click title for full description)
Spring Break Trips
Info meeting for Moab and canyons trip is Feb. 12th @ 7 PM in OP

Moab Madness Multi-sport  Sat., Mar. 21st - Sat., Mar. 28th  $250  2/16/15

Desert Canyons Backpacking  Sat., Mar. 21st - Sat., Mar. 28th  $225  2/16/15

Panama Sea Kayaking  Sat., Mar. 21st- Sun., Mar. 29th  $625+  NOW!
Airfare (~$700-900)

Yoga in the Backcountry  Sat., Apr. 4th - Sun., Apr. 5th  $60/40*  3/30/15

Great Sand Dunes National Park  Fri., Apr. 10th- Sun., Apr. 12th  $65/40*  4/6/15

ACA Kayak Instructor Course  Fri., Apr. 10th - Sun., Apr. 12th & Fri., Apr. 17th- Sun., Apr. 19th  $100 +  3/30/15
ACA Fees

Mountaineering Skills Clinic  Sat., Apr. 11th  $20  4/6/15

Slot Canyoneering  Fri., Apr. 17th - Sun., Apr. 19th  $75/50*  4/13/15
CLINICS AND UPCOMING EVENTS

**Intro to Climbing Nights @ the Wall**  
*Thur. Evenings from 4:30 to 6:30 PM*

Ever wanted to try rock climbing? Come visit the climbing wall every Thursday evening for an introductory clinic on the basics of rock climbing. Non-OP members are welcome!  
*Cost: Free!*

**Kayak Roll Sessions**  
*Wed. Evenings from 6 to 8 PM*

**Spring Break Gear Checkout**  
*Tue., Mar. 17th from 7 to 9 PM*

**Kayak Demo Night @ the Pool**  
*Wed., Apr. 8th from 6 to 8 PM*

Come check-out the upcoming season’s hottest new boats as Four Corners River Sports will be on hand to let everyone demo these new fun machines.  
*Cost: Free!*

**OP Gear Sale & Swap**  
*Fri., Apr. 24th from 11 to 2 PM*

Need some quality outdoor gear for an affordable price? Come check out OP’s annual gear sale where we will be selling our used equipment. This is also a great opportunity for OP members to sell their personal gear—contact OP for additional information.

**OP’s “How To” Series**

These short evening clinics are great opportunities to learn a new skill or hone an existing one.  
*Sign-up begins the Monday before the clinic. Cost: Free unless noted*

- **Ski/Board Waxing & Edge Tuning**  
  *Weds., Jan. 21st (6-8 PM)*

- **Ski/Board Base Repair**  
  *Weds., Feb. 11th (6-8 PM)*

- **Alcohol Stove Building**  
  *Weds., Feb. 25th (6-8 PM)*

- **Cleaning Sport Climbing Anchors**  
  *Weds., Mar. 11th (6-8 PM)*

- **Bike Tune-ups Made Easy**  
  *Weds., Apr. 1st (6-8 PM)*

- **Dutch Oven Cooking**  
  *Weds., Apr. 15th (6-8 PM) Cost: $5*

**First Aid Courses**

- **Wilderness First Aid Course**  
  *Tue., Mar. 3rd, Thur. Mar. 5th (PM)*  
  *Sat., Mar. 7th to Sun., Mar. 8th*

Southwest Rescue will be conducting this excellent course to help prepare you for medical issues in the backcountry.  
*Cost: $170.00 OP Members (For more information go to Southwestrescue.com or call 970-903-8355)*

- **Wilderness First Responder**  
  *Sat., Mar. 21st to Sun. Mar. 29th*

Be prepared for the worst the next time you venture into the backcountry by learning professional medical skills from one of the most respected organizations in wilderness medicine. The Wilderness Medicine Institute of NOLS will teach you how to handle everything from a sprained ankle to anaphylactic shock.  
*Cost: $675 for OP Members/$725 for non-Members. Call 866-831-9001 for registration information.*

OUTDOOR PURSUITS WOULD LIKE TO THANK THE FOLLOWING CONTRIBUTORS TO THE PROGRAM

Outdoor Pursuits may add clinics, workshops and slideshows to our schedule throughout the semester. We use KDUR, The Independent, campus posters, and e-mails to keep you informed. Always check in with the Outdoor Pursuits office at 247-7293 for the latest information.

**Equipment Check-Out**

**Mountaineering/Climbing**
- Helmets
- Gaiters
- Ice Tools
- Crampons
- Mountaineering Axes
- Double Boots
- Snowshoes
- Bouldering Crash Pads

**Water Sports**
- Inflatable Kayaks
- SUPs
- River Tubes
- Whitewater Kayaks
- Gruman Canoes
- Personal Flotation Devices (PFD)
- Helmets
- Paddles
- Spray Skirts
- Wet Suits
- Splash Wear

**Bike**
- Mountain Bikes
- Town Bikes
- Cycle-Cross Bikes
- Helmets

**Ski**
- Telemark Skis
- Cross-Country Skis
- AT Skis
- Skate Skis
- Poles
- Boots
- Climbing Skins
- Alpinetrekker

**Snowboard**
- Snowboards
- Boots
- Splitboards w/ Skins
- Kicker Shovels

**Avalanche Safety**
- Beacons
- Shovels
- Probe Poles
- Packs
- Expedition Packs
- Daypacks
- Tents
- 2-3 Person Tents

**Sleeping Systems**
- Sleeping Bags
- Sleeping Pads

**Cooking**
- MSR Stoves and Cooksets
- Fuel Canisters for Purchase

**Fly Fishing**
- 2 pc and 4 pc rods
- Reels

**Miscellaneous**
- Books
- Maps

**FEE CHANGE**

Outdoor Pursuits is a user-fee program. Join OP for only $50.00 for students/$60.00 for staff and faculty to receive the following benefits: free equipment rentals, free use of the climbing wall, and the ability to participate in all OP trips. Memberships are valid until mid August, 2015.
2015 Winter Trip Descriptions – January through April

Avalanche Awareness Clinic     Fri., Jan. 16th (evening) & Sat., Jan. 17th
Join OP for a weekend clinic on how to travel safely in avalanche terrain. Friday evening will be spent in the classroom learning such topics as snowpack evaluation, avalanche danger factors, and backcountry decision making. Saturday will be spent applying the classroom lessons in the winter environment. Sign-up begins Mon., Jan. 12th. Cost: $30 (transportation and equipment)

Learn to Telemark/Snowboard Clinic     Sun., Jan. 18th
Ever wanted to learn how to shred the ski slopes on telemark gear or a snowboard? This will be a great opportunity to try a new sport or hone some existing skills at Durango Mountain Resort. Sign-up begins Mon., Jan. 12th. Cost: $40 (includes transportation, equipment, and lift ticket)

Ouray Ice Climbing Weekend     Sat., Jan. 24th to Sun., Jan. 25th
Join OP for a great weekend of ice climbing and hot springs. We will depart campus Saturday morning for the famed Ouray Ice Park where we will spend the weekend scaling the many ice falls of the park. Our evening will be spent indoors at a local hotel—a possible visit to the local hot springs will warm everyone after a day in the winter cold. All levels and abilities are welcome. Sign-up begins Mon., Jan. 19th. Cost: $60 (without food) or $80 (with food)—includes transportation, lodging, permits, equipment & hot spring entry

Molas Pass Cross Country Ski Tour     Sun., Jan. 25th
Venture out with OP for a day of cross-country skiing on Molas Pass. All levels and abilities are welcome as we tour in the white fluffy stuff. Sign-up begins Mon., Jan. 19th. Cost: $15 (includes transportation and equipment)

Full Moon Snowshoe Adventure I     Wed., Feb. 4th
Explore the deep winter landscape under the light of a full moon as OP heads to the mountains for a relaxed and peaceful snowy adventure. Sign-up begins the Mon. of the week of the trip. Cost: $15 (includes transportation and equipment)

Avalanche 1 Course—Hut Based     Thur., Feb. 5th (evening), Fri., Feb. 6th to Sun., Feb. 8th
For the first time, OP will be utilizing a backcountry hut as a base for this course. With the winter environment right at our doorstep, we will learn the essentials of avalanche science and how to stay safe while enjoying winter in the backcountry. Sign-up begins Mon., Jan. 26th. Cost: $275.00 (includes course materials, instruction, transportation, equipment, lodging, and food)

Snowshoe & Chocolate Hike     Sat., Feb. 14th
It’s Valentine’s Day! Why not spend a portion of the day with OP exploring the backcountry via snowshoe. This low key adventure is open to all levels and abilities and especially chocolate lovers as there will be plenty of goodies handed out along the way. Sign-up begins Mon., Feb. 9th. Cost: $15 (includes transportation and equipment)

Introduction to Ice Climbing     Sun., Feb. 15th
Join the OP instructor crew for a day of ice climbing at a local area north of Durango. This clinic is a great way to try the exhilarating sport of ice climbing as we learn the techniques used to safely climb frozen waterfalls. All levels and abilities are welcome. Sign-up begins Mon., Feb. 9th. Cost: $20 (includes transportation, instruction, and equipment)
Prom Night @ the Climbing Wall—A Bouldering Comp  
Fri., Feb. 20th from 7 to 10 PM  
Dust off those frilly prom dresses and bright cumber buns as OP throws a prom party at the climbing wall. This low key fun bouldering competition will include a runway fashion show as well as other prom festivities. Come see who will be crowned the King and Queen of the climbing wall. Cost: Free!

Intro to Backcountry Skiing/Riding  
Sat., Feb. 21st  
Let OP introduce you to backcountry skiing/riding (weather & avi conditions permitting) in the beautiful San Juans. We will cover topics that include: use of skins, laying a skin track, and safe route/line selection. We will be skiing/riding advanced-beginner through intermediate terrain—not steep, avalanche prone slopes. Sign-up begins Mon., Feb. 16th. Cost: $20 (includes transportation and permit fees). Avalanche safety gear required.

Wolf Creek Ski Day  
Sun., Feb. 22nd  
It’s College Day at Wolf Creek! OP will be offering a ride for those in need and who want to shred the powder of Colorado’s snowiest ski area. Sign-up begins Mon., Feb. 16th. Cost: $10 + Lift Ticket ($41)

San Juan Skiing/Riding Hut Trip  
Fri., Feb. 27th to Sun., Mar. 1st  
Experienced skiers and riders are invited on this amazing hut trip in the San Juan Mountain Range. Departing on Friday afternoon we will ski into our base camp hut for the weekend. From there we will access an abundance of backcountry ski terrain as we shred the deep powder during the day and sleep warm at night. Instructor permission is required prior to signing up for the trip. Sign-up begins Mon., Feb. 23rd. Cost: $90 (includes 2-nights lodging, food, transportation, and equipment)

Full Moon Snowshoe Adventure II  
Fri., Feb. 6th  
Explore the deep winter landscape under the light of a full moon as OP heads to the mountains for a relaxed and peaceful snowy adventure. Sign-up begins the Mon. of the week of the trip. Cost: $15 (includes transportation and equipment)

A Winter Escape to the Desert  
Sat., Mar. 7th to Sun., Mar. 8th  
Winter got you down? Join OP for a weekend escape to the warm desert. We will depart Saturday morning for a camping and hiking excursion among the ancient Puebloan ruins and slickrock domes of Southern Utah. All levels and abilities are welcome. Sign-up begins Mon., Mar. 2nd. Cost: $40 (without food) or $60 (with food)—includes transportation, camping and permits.

Sea Kayaking in Panama  
Sat., Mar. 21st to Sun., Mar. 29th  
OP is going international again! This time we will explore the beautiful coastline of Panama by sea kayak, experiencing secluded beaches and world-class snorkeling. This will be a spring break trip of a lifetime! Trip sign-up is ongoing with a $600 air fare deposit. Cost: $625 + Airfare ($700 to 900)—includes all in-country food, transportation, lodging, and equipment.

Moab Madness: A Multi-Sport Extravaganza  
Sat., Mar. 21st to Sat., Mar. 28th  
Moab is an outdoor enthusiast’s playground. Join OP for a week of exploring the area via mountain bike and foot. We will camp under the stars each night and seek out a new adventure each day. Trip info meeting is Thur., Feb. 12th @ 5 PM. Cost: $250.00 (includes food, transportation, camping, equipment and permits)

Desert Canyons & Backpacking  
Sat., Mar. 21st to Sun., Mar. 28th  
Spend your spring break with OP exploring the canyon country of Utah. We will don backpacks and spend the break scrambling among the buttes, mesas, and canyons of some of the most beautiful country of the southwest. Trip info meeting is Thur., Feb. 12th @ 5 PM. Cost: $225 (includes food, transportation, camping and permits)
Backcountry Yoga Weekend  
Sat., Apr. 4th to Sun., Apr. 5th
Come spend a weekend practicing yoga in a beautiful desert landscape with a few side hikes thrown in as well. We will depart campus on Sat. morning and return on Sun. afternoon. This trip is open to all levels and abilities. Sign-up begins Mon., Mar. 30th. Cost: $40 (without food) or $60 (with food)—includes transportation, camping and permits.

Great Sand Dunes National Park Weekend  
Fri., Apr. 10th to Sun., Apr. 12th
Escape the confines of the Durango area and head to one of the region’s most unusual national parks. We will depart on Friday evening for a weekend exploring and sliding down the many sand dunes of Great Sand Dunes National Park. All levels and abilities are welcome. Sign-up begins Mon., Apr. 6th. Cost: $40 (without food) or $65 (with food)—includes transportation, camping & park entry.

ACA Whitewater Kayak Instructor Trainer Course  
Fri., Apr. 10th to Sun., Apr. 12th & Fri., Apr. 17th to Sun., Apr. 19th
Want to earn money kayaking? Or perhaps, you want to fast track your kayaking skills? Either way, participating in this intensive course is a great way to improve your overall paddling skills. The course consists of two evening classroom sessions and two full weekends with lots of on the water time. Sign-up begins Mon., Mar. 30th. Cost: $100 (includes transportation, boating equipment, & instruction) **For Certification Participants must become an ACA Member ($40) and pay SEIC Registration ($25)

Mountaineering Skills Clinic  
Sat., Apr. 11th
Interested in climbing peaks on snow and ice? Take this one day clinic to begin learning the basics of moving over terrain where ice axes, crampons and ropes are necessary. All levels and abilities are welcome. Sign-up begins Mon., Apr. 6th. Cost: $20 (includes transportation, equipment and instruction)

Slot Canyoneering Weekend  
Fri., Apr. 17th to Sun., Apr. 19th
Venture with OP for a spring canyoneering adventure. We will depart Friday afternoon and climb, rappel, and grovel through beautiful slot canyons on Saturday and Sunday. All levels and abilities are welcome on this adventure. Sign-up begins Mon., Apr. 13th. Cost: $50 (without food) or $75 (with food)—includes transportation, camping, & equipment.