

Junior Year To-Do List

STUDENTS	PARENTS
<ul style="list-style-type: none"> <input type="checkbox"/> Focus on your GPA! Review and revise your goals and set new ones (you will do this at the beginning of the year with your TRiO advisor). Your grades continue to be a very important factor in the college admissions process! <input type="checkbox"/> Register for PSAT, SAT and/or ACT <input type="checkbox"/> Study for PSAT, SAT, and/or ACT (See your TRiO advisor for resources) <input type="checkbox"/> Review test scores (above) and start a portfolio. <input type="checkbox"/> Take a *rigorous curriculum (4 years English, 4 years Math, 3 years Science, 3 years Social Studies, 2 years foreign Language). <input type="checkbox"/> Seek out leadership roles/positions in the activities in which you are involved. <input type="checkbox"/> Continue to be mindful of the relationships you have with counselors, administrators, teachers, and other adults in your life. Remember – you will be asking some of these people for letters of recommendation next year. Nurture any strong relationships you have. <input type="checkbox"/> Create a master calendar for senior year. <input type="checkbox"/> Review your list of colleges and continue to do research. Add application deadlines to your master calendar for next year. <input type="checkbox"/> Begin your list of scholarships and add any you plan to apply for to your master calendar – DO NOT pay for scholarship info or data bases <input type="checkbox"/> Attend career days, college fairs, and financial aid workshops <input type="checkbox"/> Start writing essays for colleges and scholarships 	<ul style="list-style-type: none"> <input type="checkbox"/> Monitor your student’s academic progress. Help your student set realistic academic goals and make sure that you see all progress reports and report cards. <i>Don’t assume someone will call you if there’s a problem.</i> <input type="checkbox"/> Provide encouragement and support, and make sure that your child understands that grades are very important. <input type="checkbox"/> Realize that it is your student’s responsibility to get homework done, prepare for tests, and follow school rules. <input type="checkbox"/> Encourage involvement in activities outside of school, but limit number of activities because colleges are looking for quality, not quantity. <input type="checkbox"/> Help your student select appropriate courses (rigorous curriculum- see highlighted info in left column) <input type="checkbox"/> Explore and discuss college options <input type="checkbox"/> Stay in contact with your student’s UB advisor and make sure your student attends UB activities throughout the year. <input type="checkbox"/> Help your student create and maintain portfolio of activities. <input type="checkbox"/> Help your student with his/her resume. <input type="checkbox"/> Expect your student to be in school, on time, every day. <input type="checkbox"/> Attend open houses and parent conferences <input type="checkbox"/> Limit your student’s screen time. Also, make sure a student job does not interfere with school.

- Update your resume and records of activities, volunteer work, programs, classes, and traveling. Keep accurate files with information on colleges, scholarships, and national exams.
- Do you have community service on your resume? If not, then try to arrange to do something that is related to your interests. Ask your TRiO advisor for help.
- Think about careers! Talk to people about their jobs. TRiO Summer Academy will include internships.
- Create a professional sounding email that you will keep for all college communications. Create folders to keep emails organized.
- Plan your summer. Attend UB Summer Academy June 1- July 15.

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