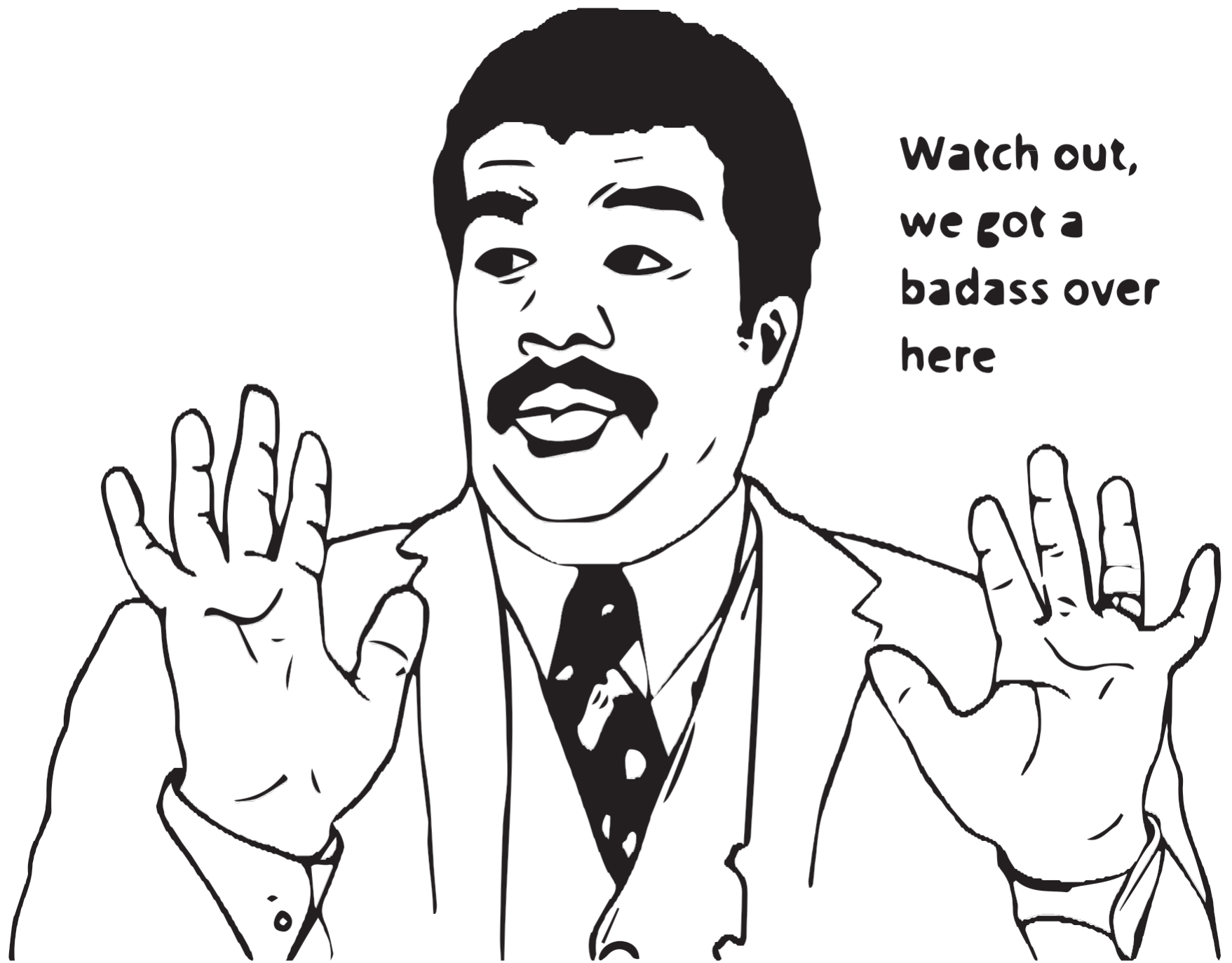


# Be a **BADASS**

Be Aware. Decide to Act. Say Something.

\* Brought to you by FLC Student Wellness Initiatives



Fort Lewis College students choose to be active bystanders when witnessing troubling events. Active bystanders recognize and safely intervene in potentially dangerous situations. By taking action you can help make FLC a safe, accepting, and fun environment.

Here are some simple steps you can use to take a stand & be a BAD ASS:

#### Step 1: Notice the event.

Be aware of your surroundings and what is going on around you.

#### Step 2: Identify the event as a problem.

Check your gut; if something doesn't seem right, it probably isn't.

#### Step 3: Assume Personal Responsibility.

Be the person who does something. If not you, then who?

#### Step 4: Know How to Help.

Know how & when to help. Step in earlier rather than later. Get help from others when appropriate. Know your options.

#### Step 5: Take Action!

\***DIRECT**: Address the issue head on. Speak up, step in...when it's safe to do so.

\***DISTRACT**: Causing a simple distraction may diffuse the situation.

\***DELEGATE**: It's okay to find someone else to intervene. Maybe it's making an anonymous report online, talking to an RA about your concerns, calling the police, or alerting the bartender/party host about a potentially dangerous situation.



FLC STUDENT WELLNESS INITIATIVES

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